



BABOL UNIVERSITY OF MEDICAL SCIENCES

Curriculum Vitae (CV)

<https://orcid.org/0000-0001-5837-4265>

Assistant Professor



Personal and Contact Information

Personal and Contact Information

First Name:	Fereshteh
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Gender	Female
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Education

EDUCATION

Ph.D., Reproductive health, Tehran University of Medical Sciences, Iran

Master of Science, Midwifery, Isfahan University of Medical Science, Iran

Bachelor of Science, Midwifery, Mazandaran University of Medical Sciences, Iran

Research Skills and Publications

RESEARCH SKILLS AND PUBLICATIONS

1. Pasha H, Behmanesh F, Sefidgar AA, Moghaddamnia AA, Touri AE. Comparison of the effect of Lavender and Clotrimazole on the growth of the standard strains of *Candida albicans*, an in vitro study. *J Babol Univ Med Sci.* 2010;12(2):26-31.
2. Sharif Nia H, Behmanesh F, Kwok C, Firouzbakht M, Ebadi A, Nikpour M. Breast cancer screening beliefs questionnaire: psychometric properties of the Persian version. *BMC Women's Health.* 2020;20(1):1-8.
3. Taghizadeh Z, Behmanesh F, Ebadi A. Marriage patterns and childbearing: results from a quantitative study in north of Iran. *Global journal of health science.* 2016;8(3):1.
4. Taghizadeh Z, Vedadhir A, Bayani F, Behmanesh F, Ebadi A, Pourreza A, et al. Family planning practice by patterns of marriage in the North of Iran. *Iranian journal of public health.* 2017;46(1):66.
5. Taghizadeh Z, Vedadhir A, Behmanesh F, Ebadi A, Pourreza A, Abbasi-Shavazi MJ. Reproductive practices by patterns of marriage among Iranian women: study protocol for an explanatory sequential mixed methods design. *Reproductive health.* 2015;12(1):1-8.
6. Vedadhir A, Taghizadeh Z, Behmanesh F, Ebadi A, Pourreza A, Abbasi-Shavazi MJ. Patterns of marriage and reproductive practices: is there any relationship? *Human Fertility.* 2017;20(1):30-6.



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7. Zafari M, Behmanesh F, Mohammadi AA. Comparison of the effect of fish oil and ibuprofen on treatment of severe pain in primary dysmenorrhea. *Caspian journal of internal medicine*. 2011;2(3):279.
8. Zafari M, Behmanesh F, Tofighi M, Âbasi A, Kialashaki A, Aghamohamadi A, et al. A comparison of fluid-based thin layer Papanicolaou smear and conventional Pap smear. *Journal of Mazandaran University of Medical Sciences*. 2010;20(79):63-70.
9. Fahami F, Behmanesh F, Valiani M, Ashouri E. Effect of heat therapy on pain severity in primigravida women. *Iranian Journal of Nursing and Midwifery Research*. 2011;16(1):113.
10. Nemati M, Pasha H, Kheirkhah F, Geraili Z, Behmanesh F. General health, economic status, and marriage duration as predictors of marital commitment during reproductive age among Iranian married women. *Caspian Journal of Reproductive Medicine*. 2020;6(2):6-11.
11. Niaki MT, Behmanesh F, Mashmuli F, Azimi H. The Effect of Prenatal Group Education on Knowledge, Attitude and Selection of Delivery Type in Primiparous Women. *Iranian Journal of Medical Education*. 2010;10(2).
12. Nikpour M, Behmanesh F, Darzipoor M, Sadeghi Haddad Zavareh M. Pregnancy outcomes and clinical manifestations of Covid-19 in pregnant women: a narrative review. *J Mil Med*. 2020;22(2):177-83.
13. Nikpour M, Delavar M, Khafri S, Ghanbarpour A, Moghadamnia A, Esmailzadeh S, et al. The use of honey and curcumin for episiotomy pain relief and wound healing: A three-group double-blind randomized clinical trial. *Nursing and Midwifery Studies*. 2019;8(2):64-9.
14. Pasha H, Behmanesh F, Mohsenzadeh F, Hajahmadi M, Moghadamnia AA. Study of the effect of mint oil on nausea and vomiting during pregnancy. *Iranian Red Crescent Medical Journal*. 2012;14(11):727.
15. Behmanesh F. Comparison of the effect of fish oil and ibuprofen on treatment of severe pain in primary dysmenorrhea. *Caspian J Intern Med*. 2011 Summer; 2(3): 279–282.
16. Behmanesh F, Aghamohammadi A, Zeinalzadeh M, Khafri S. Effects of olive oil sitz bath on improvement of perineal injury after delivery. *Koomesh*. 2013;14(3).
17. Behmanesh F, Bakouei F, Nikpour M, Parvaneh M. Comparing the Effects of Traditional Teaching and Flipped Classroom Methods on Midwifery Students' Practical Learning: The Embedded Mixed Method. *Technology, Knowledge and Learning*. 2020:1-10.
18. Behmanesh F, Pasha H, Sefidgar AA, Taghizadeh M, Moghadamnia AA, Adib Rad H, et al. Antifungal effect of lavender essential oil (*Lavandula angustifolia*) and clotrimazole on *Candida albicans*: an in vitro study. *Scientifica*. 2015;2015.
19. Behmanesh F, Pasha H, Sefidgar AA, Taghizadeh M, Moghadamnia AA, Rad HA, et al. Antifungal Effect of Lavender Essential Oil. 2015.
20. Behmanesh F, Pasha H, Sefidgar SAA, Moghadamnia A, Basirat Z. A comparative study of antifungal activity of Lavender brew, Lavender essential oil, and clotrimazole: an in vitro study. *Caspian Journal of Reproductive Medicine*. 2015;1(1):25-9.
21. Behmanesh F, Pasha H, Zeynalzadeh M. The effect of heat therapy on labor pain severity and delivery outcome in parturient women. *Iranian Red Crescent Medical Journal*. 2009; 11(2);188-192.



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22. Behmanesh F, Rezaei M. Women, s extramarital relationship, threatening the health of individual and family. *Islamic Life Journal*. 2020;4(2):15- 27.
23. Behmanesh F, Taghizadeh Z, Vedadhir A, Ebadi A, Pourreza A, Abbasi Shavazi M. Explaining the causes of single child based on women's views: A qualitative Study. *Iranian Journal of Epidemiology*. 2019;15(3):279-88.
24. Behmanesh F, Taghizadeh Z, Vedadhir A, Ebadi A, Pourreza A, Abbasi-Shavazi M. The relationship of married women's marriage duration with their reproductive practices. *Nursing and Midwifery Studies*. 2018;7(3):122-7.
25. Behmanesh F, Tofighi M, Delavar MA, Zeinalzadeh M, Moghadamnia AA, Khafri S. A Clinical trial to compare the effectiveness of Lavender essential oil and olive oil at healing postpartum mother's perinea. *HealthMED*. 2011;5(6):1512-6.
26. Bakouei F, Nikpour M, Behmanesh F, Nasehi G. Continuous labor support program on the importance and application of supportive behaviors in midwifery students. *Biannual Journal of Medical Education Education Development Center (edc) Babol University of Medical Sciences*. 2017;5(2):12-28.

BOOK PUBLICATION

1. *Infant's Congenital Anomalies*, Publisher: Babol University of Medical Sciences, Authors: Fereshteh Behmanesh, Mandana Zafari, Yadollah Zahed Pasha, Persian, 2011, ISBN: 0-77-7509-964-978.
2. *Childbearing in Iran* , Publisher: Bijanyord, Authours: Zohrah Abbasi, Zohreh Keshavarz, Fereshteh Behmanesh, Persian, 2016, ISBN: 978-600-7893-79-1.

Projects

APPROVED PROJECTS (PROPOSAL), 2020- 2021

1. Health promoting lifestyle six weeks after delivery in mothers with normal and cesarean, IR.MUBABOL.HRI.REC.1400.058.
1. Perception and experience of participants in the Iran-Cuba corona vaccine clinical trial: A qualitative study, IR.MUBABOL.HRI.REC.1400.030.
2. The effect of painting therapy on fear and worries during the third trimester of pregnancy in pregnant women referred to pregnancy clinic of Shahada hospital (Behshahr), IR.MUBABOL.REC.1400.056.
3. Evaluation of the effectiveness of aromatherapy with Rosa damascene Mill. to relieve the symptoms of postpartum depression in primiparous women, IRCT20180218038783N1
4. Clinical characteristics, Laboratory results and delivery outcomes in pregnant women with COVID-19 infection admitted to Rohani Hospital in Babol: a retrospective cohort study, IR.MUBABOL.REC.1399.010.
5. Comparison of marital commitment in different marriage patterns among married women in Babol city, IR.MUBABOL.HRI.REC.1398.233.
6. The effectiveness of mobile-based self-care intervention (educational and consulting) on general health and quality of life of women with breast cancer, IR.MUBABOL.HRI.REC.1400.088



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7. The effect of chewing gum on the Intensity of labor pain in Nulliparous women, IR.MUBABOL.REC.1400.059
8. Physical activity and its relation with sleep quality in pregnant women, IR.MUBABOL.REC.1399.076
9. Comparative study of the effectiveness of in-person and virtual training on women's attitude toward childbearing, IR.MUBABOL.REC.1399.166
10. The Analysis of influential Factors on Tendency of Iranian (Babolian) Couples towards having just a single child, and Voluntary childlessness: A Community-Based Study Based on Designed and Psychometric Tools, IR.TUMS.SPH.REC.1399.023
11. Comparison of reproductive behaviors of women catchment of comprehensive health centers of Babol city before and during covid- 19 pandemic, IR.IUMS.REC.1400.047
12. Development and psychometric tool for measuring couples' worries with prenatal screening tests suspected to fetal malformation, IR.MUBABOL.REC.1400.085
13. Effectiveness of the Sexual Health Education Program on the Sexual Self Efficacy, Marital Adjustment and Intimacy of Infertile Women, IRCT20190203042601N1
14. The effect of education on knowledge and practice of midwifery students about IUD and Pap smear in Babol University of Medical Sciences, IR.MUBABOL.REC.1399.059

Honors, Awards, and Scholarships

HONORS, AWARDS, AND SCHOLARSHIPS

Award of the best process in the fourth Shahid Motahari Festival entitled "Comparison of traditional teaching methods and flipped classroom in practical training of midwifery students in 1398

Award of the Academic and national rankings in different fields of Quran and Atrat Festival (2017-2021)