



BABOL UNIVERSITY OF MEDICAL SCIENCES

Curriculum Vitae (CV) Mouloud Agajani Delavar

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Education

Education

Ph.D., Community Health (Women's Health), University Putra Malaysia
Master of Science, Midwifery, Shahid Beheshti of Medical Sciences, Iran
Bachelor of Science, Midwifery, Iran University of Medical Sciences, Iran

Research Skills and Publications

RESEARCH SKILLS AND PUBLICATIONS

Mashayekh-Amiri S, Delavar MA, Bakouei F, Faramarzi M, Esmaeilzadeh S. The impact of myo-inositol supplementation on sleep quality in pregnant women: a randomized, double-blind, placebo-controlled study. The journal of maternal-fetal & neonatal medicine : the official journal of the European Association of Perinatal Medicine, the Federation of Asia and Oceania Perinatal Societies, the International Society of Perinatal Obstet. 2022 Sep;35(18):3415-23. PubMed PMID: 32933356. Epub 2020/09/17. eng.

Shokri-Ghadikolaei A, Bakouei F, Delavar MA, Azizi A, Sepidarkish M. Effects of health coaching on menopausal symptoms in postmenopausal and perimenopausal women. Menopause (New York, NY). 2022 Oct 1;29(10):1189-95. PubMed PMID: 36070877. Epub 2022/09/08. eng.

Esmaeilzadeh S, Ghadimi R, Mashayekh-Amiri S, Delavar MA, Basirat Z. The effect of myo-inositol supplementation on the prevention of gestational diabetes in overweight pregnant women: a randomized, double-blind, controlled trial. Minerva obstetrics and gynecology. 2022 Jun 8. PubMed PMID: 35686634. Epub 2022/06/11. eng.

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Motlagh M, Torkestani F, Ashrafi Amiri H, Agajani Delavar M, Radpooyan L, Nasrollahpour Shirvani S. Factors Affecting the Adequacy of Prenatal Care Utilization Index in the First Level of Network System in Iran. *Journal of Babol University of Medical Sciences*. 2021;23(1):76-83.

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Bakouei F, Delavar MA, Mashayekh-Amiri S, Esmailzadeh S, Taheri Z. Efficacy of n-3 fatty acids supplementation on the prevention of pregnancy induced-hypertension or preeclampsia: A systematic review and meta-analysis. *Taiwanese journal of obstetrics & gynecology*. 2020 Jan;59(1):8-15. PubMed PMID: 32039806. Epub 2020/02/11. eng.

Abdollahi S, Faramarzi M, Delavar MA, Bakouei F, Chehrazi M, Gholinia H. Effect of Psychotherapy on Reduction of Fear of Childbirth and Pregnancy Stress: A Randomized Controlled Trial. *Frontiers in psychology*. 2020;11:787. PubMed PMID: 32528340. Pubmed Central PMCID: PMC7265090. Epub 2020/06/13. eng.

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Abdollahi F, Abhari FR, Delavar MA, Charati JY. Physical violence against pregnant women by an intimate partner, and adverse pregnancy outcomes in Mazandaran Province, Iran. Journal of family & community medicine. 2015 Jan-Apr;22(1):13-8. PubMed PMID: 25657606. Pubmed Central PMCID: PMC4317989. Epub 2015/02/07. eng.

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Mohsenzadeh Ledari F, Barat S, Delavar MA, Banihosini SZ, Khafri S. Chewing sugar-free gum reduces ileus after cesarean section in nulliparous women: a randomized clinical trial. Iranian Red Crescent medical journal. 2013 Apr;15(4):330-4. PubMed PMID: 24083008. Pubmed Central PMCID: PMC3785909. Epub 2013/10/02. eng.

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Delavar MA, Salmalian H, Faramarzi M, Pasha H, Bakhtiari A, Nikpour M, et al. Using the objective structured clinical examinations in undergraduate midwifery students. Journal of medicine and life. 2013 Mar 15;6(1):76-9. PubMed PMID: 23599825. Pubmed Central PMCID: PMC3624653. Epub 2013/04/20. eng.

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Delavar MA, Gholami G, Ahmadi L, Moshtaghian R. Knowledge, attitude and practices of relief workers regarding first aid measures. JPMA The Journal of the Pakistan Medical Association. 2012 Mar;62(3):218-21. PubMed PMID: 22764451. Epub 2012/07/07. eng.

Delavar MA, Lye MS, Khor GL, Hassan STBS, Hanachi P. Risk factors associated with metabolic syndrome in iranian middle aged women. HealthMED. 2011:1522.

Delavar MA, Hajiahmadi M. Factors affecting the age in normal menopause and frequency of menopausal symptoms in northern Iran. Iranian Red Crescent medical journal. 2011 Mar;13(3):192-8. PubMed PMID: 22737462. Pubmed Central PMCID: PMC3371951. Epub 2011/03/01. eng.

Delavar M, Lye M, Hassan S, Khor G, Hanachi P. Physical activity, nutrition, and dyslipidemia in middle-aged women. Iranian journal of public health. 2011 Dec;40(4):89-98. PubMed PMID: 23113107. Pubmed Central PMCID: PMC3481733. Epub 2012/11/01. eng.



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Delavar MA, Lye M-S, Khor GL, Hanachi P, Syed Hassan STB, Delavar M, et al. Prevalence of metabolic syndrome among middle aged women in Babol, Iran. *Southeast Asian journal of tropical medicine and public health*. 2009;40(3):612.

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Delavar MA, Hajian-Tilaki KO. Age at menarche in girls born from 1985 to 1989 in Mazandaran, Islamic Republic of Iran. *Eastern Mediterranean health journal = La revue de sante de la Mediterranee orientale = al-Majallah al-sihhiyah li-sharq al-mutawassit*. 2008 Jan-Feb;14(1):90-4. PubMed PMID: 18557455. Epub 2008/06/19. eng.

BOOK PUBLICATIONS

[book](1-5) 1. The obstetrics protocol, Publisher: Mazandaran University of Medical Sciences, Authours: Mouloud Agajani Delavar, Fateme Nasiri Amiri, Persian, 2001, ISBN: 964-92944-7-3

[book] 2. Fertility control, Publisher: Jamenegar Company, Authour: Mouloud Agajani Delavar, Persian, 2002 ISBN: 964-6947-46-8.

[book] 3. Protocol clinical in labor, Publisher: Jamenegar Company, Authours: Mouloud Agajani Delavar, Persian, 2004, ISBN: 964-6947-70-0

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[book] 5. Development BABY Conception To Birth, Publisher: Babol University of Medical Sciences Authours: Mouloud Agajani Delavar, Maryam Mirdar Mansuri, Maryam Kianian Golafshani, Persian, 2012, ISBN: 78-964-7509-84-8

[book] 6. Fundamental of Nursing and Midwifery: Procedures in the operating room, Publisher: Babol University of Medical Sciences, Authours: Farideh Mohsenzadeh, Mouloud Agajani Delavar, Zahra Banihosseini, Persian, 2012, ISBN: 978-964-7509-78-7

[book] 7. Clinical Protocols Obstetrics and Gynecology, Publisher: Jamenegar Company, Authours: Mouloud Agajani Delavar, Sedighe Esmailzadeh, Sepideh Mashayekh-Amiri, Niloufar Ahmadi, Persian, 2020, ISBN:978-600-101-808-4

Projects

APPROVED PROJECTS (PROPOSAL) 2020-2021

The effect of health coaching on coping skills in over weight pregnant women involving excessive gestational weight gain. IR.MUBABOL.HRI.REC.1400.127

The impact of health coaching to reduce body mass index in women with poly cystic ovarian syndrome who refer to Babol Fateme Zahra infertility center. IR.MUBABOL.REC.1399.497

The Impact health coaching on the reduce of menopausal symptoms in post menopausal and perimenopausal women, Babol city. IR.MUBABOL.REC.1399.180



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Compression of characteristics of vaccinated hospitalized patients with unvaccinated hospitalized COVID-19 patients in Rohani hospital, Babol, IR.MUBABOL.HRI.REC.1400.078